

No.H-11021/1/2014-Ad.II  
Government of India  
Ministry of Personnel, Public Grievances & Pensions  
Department of Administrative Reforms & Public Grievances

5th Floor, Sardar Sardar Patel  
Sansad Marg, New Delhi  
Dated: 9<sup>th</sup> May, 2016

**OFFICE MEMORANDUM**

**Sub:- Celebration of 2<sup>nd</sup> International Day of Yoga on 21<sup>st</sup> June, 2016.**

The undersigned is directed to enclose a copy of DO letter dated 19<sup>th</sup> April, 2016 from the Secretary, Ministry of Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homeopathy (AYUSH) regarding preparations for the celebration of 2<sup>nd</sup> International Day of Yoga on 21<sup>st</sup> June, 2016. The Government of India has decided to forward the momentum created by International Day of Yoga, 2015 with greater and more active participation of youth during the current year celebrations. The main programme would be the mass Yoga Demonstrations from 7 AM to 8AM by following the Common Yoga protocol (CYP) at the State District, Block and Panchayat levels. For this purpose the Common Yoga Protocol developed last year has been further revised. A copy of the booklet is also available on the Ministry's website [www.indianmedicine.nic.in](http://www.indianmedicine.nic.in). Other events would include Yoga Fests, seminars, workshops, musical and cultural programme based on Yoga.

2. The celebration of International Day of Yoga would involve a very elaborate training programme on Common Yoga Protocol for Mass Yoga performance as discourses, lectures and talks by eminent Yoga experts. Various reputed and eminent Yoga institutions have agreed to support the efforts of the Government by providing training to trainers and other expert advice in celebration of International Day of Yoga, 2016. The list of Yoga institutions is enclosed.

3. The International Day of Yoga, 2016 has to be celebrated by this Department with enthusiasm and greater participation. It is also requested to send comments regarding Action Plan so that a detailed Action Plan of the Department may be prepared and forwarded to Ministry of AYUSH.

Encls: As above

*V. Chavda*  
(V.A. Chavda)  
Director  
Tel.No.23745472

All the Officers of DARPG

Copy for information to:

1. PPS to Secretary (AR&PG)
2. PS to AS(AR&PG)

*Gy*

*9/5/16*

*Tej*



सत्यमेव जयते



एक कदम स्वच्छता की ओर

अजीत मोहन शरण  
**AJIT M. SHARAN**



सचिव  
भारत सरकार  
आयुर्वेद, योग व प्राकृतिक चिकित्सा  
यूनानी, सिद्ध एवं होम्योपैथी (आयुष) मंत्रालय  
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,  
आई.एन.ए. नई दिल्ली-110023

SECRETARY  
GOVERNMENT OF INDIA  
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY  
UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)  
INA, NEW DELHI - 110023  
Tel. : 011-24651950, Fax : 011-24651937  
E-mail : [secy-ayush@nic.in](mailto:secy-ayush@nic.in)  
**D.O. No. S-11012/34/2016-IEC**

19<sup>th</sup> April, 2016

Dear Secretary,

As you are aware, the preparations for the celebration of 2<sup>nd</sup> International Day of Yoga on 21<sup>st</sup> June, 2016 are underway. The Government of India has decided to take forward the momentum created by International Day of Yoga, 2015 with greater and more active participation of youth during the current year celebrations. The main programme would be the Mass Yoga Demonstrations from 7 AM to 8 AM by following the Common Yoga Protocol (CYP) at the State, District, Block and Panchayat levels. For this purpose the CYP developed last year has been further revised. A copy of booklet of Common Yoga Protocol (in Hindi & English) is enclosed. The booklet is also available on the Ministry's website: [www.indianmedicine.nic.in](http://www.indianmedicine.nic.in). An instructional DVD on CYP is also being prepared and will be sent to you shortly. Other events could include Yoga Fests, seminars, workshops, musical and cultural programme based on Yoga.

2. The celebration of International Day of Yoga would involve a very elaborate training programme on Common Yoga Protocol for Mass Yoga performance as well as discourses, lectures and talks by eminent Yoga experts. Various reputed and eminent Yoga institutions have agreed to support the efforts of the Government by providing training to trainers and other expert advice in celebration of International Day of Yoga, 2016. The list of Yoga institutions is enclosed.

3. I would be grateful if you could issue necessary instructions to all officers of your Ministry/Department and attached & subordinate offices located in different parts of the country to prepare a detailed action plan for celebrating the International Day of Yoga. A Nodal Officer of your Ministry/Department may kindly be nominated and details communicated to Shri Ramanand Meena, Deputy Secretary, Ministry of AYUSH (Tel: 24651965), Mob: 986819777 for seamless coordination. I would also request you to forward your Plan of Action to my Ministry by 21/4/2016.

With kind regards,

Encl: As Above

Yours sincerely,

*Asharan*

(Ajit M. Sharan)

All Secretaries to Govt. of India / Chairman, Railway Board

*Recd on  
29/4/16  
fence  
29/4  
Jayant, ASO  
Recd.  
At 5 PM  
6/5/16*

**List of Yoga Institutes providing Technical Support for celebration of IDY-2016**

- 1) Isha Yoga Foundation, Coimbatore
- 2) SVYASA University, Bangalore
- 3) Kaivalyadhama, Lonavla, Pune
- 4) Bihar School of Yoga, Munger
- 5) Dev Sanakriti Vishwavidyalaya, Haridwar
- 6) The Art of Living Foundation, Bangalore
- 7) Patanjali Yogapeeth, Haridwar
- 8) Morarji Desai National Institute of Yoga, New Delhi
- 9) The Art of Living, New Delhi
- 10) Brahma Kumaries University, Mount Abu
- 11) The Yoga Institute, Santa Cruz, Mumbai
- 12) Lakulish Yoga University, Ahmedabad
- 13) Mokshayatana, Yogashram, Saharanpur
- 14) Ramakrishan Mission, Kolkata
- 15) Ramamani Iyengar Memorial Yoga Institute, Pune
- 16) Amrita University, Amrita Puri, Kerala
- 17) Krishnamachari Yoga Mandiram, Chennai
- 18) Vidya Bharti, Mahatma Gandhi Marg, New Delhi
- 19) Parmartha Niketan, Haridwar
- 20) Gurukul Kangri Vishwavidyalaya, Haridwar
- 21) ICYER, Pudcherry

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Government of India  
Ministry of Personnel, Public Grievances & Pensions  
Department of Administrative Reforms & Public Grievances

5th Floor, Sardar Sardar Patel  
Sansad Marg, New Delhi  
Dated: 7 June 2016,

**OFFICE MEMORANDUM**

**Sub:- Celebration of 21<sup>st</sup> June as the International Day of Yoga.**

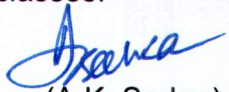
In continuation of this Division's OM of even number dated 9<sup>th</sup> May, 2016, the undersigned is directed to enclose a copy of DO letter dated 26<sup>th</sup> May, 2016 received from the Cabinet Secretary informing that the 2<sup>nd</sup> International Day of Yoga (IDY) will be celebrated on 21<sup>st</sup> June, 2016. The Government of India has decided to take forward the momentum created by IDY-2015 with greater vigour and participation of all section of the society, particularly the youth during the celebrations this year.

2. It is informed that Yoga Training is being organized at Nehru Park, Chanakyapuri, Lodhi Garden Morarji Desai National institute of Yoga, Ashok Road, new Delhi for Government officers.

3. All the officers/officials are requested to get hands-on training on Common Yoga Protocol (CYP) using the instructional booklets/DVDs available on the website of M/o AYUSH" [www.indianmedicine.nic.in](http://www.indianmedicine.nic.in) and to participate in the Mass Yoga Demonstration on 21<sup>st</sup> June, 2016 at different places. Inputs on Action Plan of the Department for organizing the Yoga may also be sent to the General Administration.

4. It is also informed that Shri Anurag Srivastava, Deputy Secretary will undertake **Yoga Classes from 10<sup>th</sup> June to 20<sup>th</sup> June, 2016 at 5.00 PM to 6.00 PM in the Department.** All the officers/officials are requested to attend the Yoga classes.

Encls: As above



  
(A.K. Sarkar)

Under Secretary to the Govt. of India  
Tel.No.23401441

To 

All the officers/officais of DARPG 

Copy for information to:

1. PPS to Secretary (AR&PG) 
2. PS to AS(AR&PG)/PPS to JS(ARC)/PS to JS(Admn.) 
3. Caretaker, DARPG for making necessary arrangements for Yoga Class.



सत्यमेव जयते



एक कदम स्वच्छता की ओर

अजीत मोहन शरण  
AJIT M. SHARAN



सचिव

भारत सरकार

आयुर्वेद, योग व प्राकृतिक चिकित्सा  
यूनानी, सिद्ध एवं होम्योपैथी (आयुष) मंत्रालय  
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,  
आई.एन.ए. नई दिल्ली-110023

SECRETARY  
GOVERNMENT OF INDIA  
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY  
UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)  
INA, NEW DELHI - 110023

Tel. : 011-24651950, Fax : 011-24651937

E-mail : [secy-ayush@nic.in](mailto:secy-ayush@nic.in)

D.O. No. S.11012/34/2016-IEC

8<sup>th</sup> June, 2016

Dear Secretary,

Kindly refer to my earlier D.O. letter of even number dated 19<sup>th</sup> April, 2016 followed by a D.O. letter No. 271/2/1/2015-CA.V (Vol.II) dated 26<sup>th</sup> May, 2016 from the Cabinet Secretary regarding celebration of 2<sup>nd</sup> International Day of Yoga on 21<sup>st</sup> June, 2016. In this regard, I would like to inform you that the Ministry of AYUSH and its institutions i.e. Morarji Desai National Institute of Yoga (MDNIY) and Central Council for Research in Yoga and Naturopathy (CCRYN), in collaboration with other Government agencies, such as, NDMC, DDA and Yoga Institutions, such as, Patanjali Yogpeeth, Art of Living, Vivekananda Yogashram Hospital, Patparganj, etc. would be organizing Mass Yoga Demonstration on 21<sup>st</sup> June, 2016 from 7.00 a.m. to 7.45 a.m. at the following locations in Delhi: -

Event Venue	Ministry of AYUSH Nodal Officer
Connaught Place	Dr. D.C. Katoch, Adviser (Ayurveda) Mob. 9968076668, <a href="mailto:dckatoch@rediffmail.com">dckatoch@rediffmail.com</a>
Nehru Park, Chanakyapuri	Shri Franklin L. Khobung, Director Mob. 9873680093, <a href="mailto:franklin.l@nic.in">franklin.l@nic.in</a>
Lodhi Garden	Dr. Manoj Nesari, Adviser (Ayurveda) Mob. 9899832480, <a href="mailto:drnesari@gmail.com">drnesari@gmail.com</a>
Talkatora Garden	Dr. R.K. Manchanda, Director General, Central Council for Research in Homoeopathy Mob. 9811014493, <a href="mailto:dgccrh@gmail.com">dgccrh@gmail.com</a>
District Park, Sector-11, Dwarka	Shri Raj Kumar, Director Mob. 9868366370, <a href="mailto:raj.kumar1965@nic.in">raj.kumar1965@nic.in</a>
Swarn Jayanti Park, Near Japanese Park, Rohini	Prof. Vd. K.S. Dhiman, Director General, Central Council for Research in Ayurvedic Sciences, Mob. 9599913738, <a href="mailto:dg-ccras@nic.in">dg-ccras@nic.in</a>

2. May, I, therefore, request you to encourage officers and staff of your Ministry to participate in the Mass Yoga Demonstration on 21<sup>st</sup> June, 2016 at any of the above locations.

With kind regards,

f. No H-11021/1/2014-AR(AO.II)  
D/O AR R PG

The above-referred Do letter dt 08.06.2016  
from the Cabinet Secretary re: celebration of  
2<sup>nd</sup> International Day of Yoga on 21<sup>st</sup> June, 2016  
is circulated to all officers/officials for information. 13/6

Yours sincerely,

*Ajit M. Sharan*  
(Ajit M. Sharan)

All Secretaries to Govt. of India / Chairman, Railway Board.

All officers/officials of DARRG  
16/6